

THE  
FOURTH ANNUAL REPORT  
OF THE STATE OF THE  
LUNATIC ASYLUM  
FOR THE  
COUNTY OF NOTTINGHAM,  
AND THE  
SIXTY-EIGHTH OF THE ORIGINAL INSTITUTION,  
FORMERLY  
THE GENERAL LUNATIC ASYLUM,  
1878.

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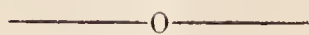
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# COMMITTEE OF VISITORS FOR THE YEAR 1878.

APPOINTED BY THE JUSTICES OF THE COUNTY OF NOTTINGHAM.

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REV. T. C. CANE, CHAIRMAN.

THE RIGHT HON. THE  
EARL MANVERS.  
H. SHERBROOKE, ESQ.  
J. T. EDGE, ESQ.  
R. KELHAM, ESQ.  
E. J. LOWE, ESQ.

J. L. THACKERAY, ESQ.  
W. SHERBROOKE, ESQ.  
A. HEYMANN, ESQ.  
H. V. STORY, ESQ.  
W. F. WEBB, ESQ.

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## OFFICERS :

TREASURER.

HENRY ABEL SMITH, ESQ.

RESIDENT PHYSICIAN AND SUPERINTENDENT :

WM. P. PHILLIMORE, M.B. LOND.

CHAPLAIN :

REV. T. M. DIXON.

ASSISTANT MEDICAL OFFICER :

MR. A. APLIN, M.R.C.S., ENGD.

CLERK :

MR. KEMP SANBY.

STORE-KEEPER :

MR. SAMUEL BUNTING.

HOUSEKEEPER :

MISS M. OLDKNOW.

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H. V. STORY, ESQ.  
W. TIDMAS, ESQ.

1 8 7 8 .

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R E P O R T  
OF THE  
COMMITTEE OF VISITORS  
OF THE  
LUNATIC ASYLUM AT SNENTON, NOTTINGHAM.

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*To the Court of Quarter Sessions for the County of Nottingham.*

The Committee of Visitors of the County Lunatic Asylum at Snenton report that the number of lunatics, idiots, and persons of unsound mind remaining under care and treatment at the close of the year 1878 was 390—namely, 189 males and 201 females.

The greatest number accommodated during the year at any one time was 401.

The Committee are glad to state that no patient from the county was refused admission. They were also able to receive all the patients brought from the parishes lately forming part of the county, but were not in a position to find room for new cases from the old portion of the Borough of Nottingham. At present there are 113 patients resident who are chargeable to the Nottingham Union, and about 85 to the recently annexed parishes. It is expected that nearly 200 patients will be removed to the new Borough Asylum in the course of the next twelve months.



The Asylum is in a fair state of repair. The sum of £552 13s. 0d. has been laid out in painting the exterior and interior of the building, and in papering day rooms and offices. The Committee do not ask the Court for a vote to reimburse this expenditure, but have paid for it out of the balance in hand received from time to time for the lodging of lunatics belonging to Nottingham, Newark, and other non-contributing places.

The Asylum has been free from all forms of epidemic disease; and no suicide, fatal injury, or escape has occurred.

The Committee passed the following resolution on the 19th of December:—

“Whereas due notice has been given to the Committee of Visitors of the intention to determine at this meeting the question of granting, under the provisions of the 57th section of the Lunatic Asylums’ Act of 1853, an annuity by way of superannuation to William Daley, an attendant, aged 63 years, who has been in the service of this Asylum 27 years, and has given notice to retire therefrom on the 6th January, 1879; the Committee hereby resolve to grant the sum of Forty-five Pounds a year to the said William Daley during his lifetime, and direct that this order, which three Visitors concur in and sign, be reported to the Court of Quarter Sessions for confirmation by the Justices in General or Quarter Sessions assembled, it being understood that one-seventh of this annuity is to be paid by the Town Council of the Borough of Nottingham, in accordance with the terms of the agreement between the county and the borough, dated the 6th day of April, 1874.—T. C. CANE, HENRY SHERBROOKE, ALBERT HEYMANN.”

*T. C. Cane,*

CHAIRMAN.

2ND JANUARY, 1879.

# A N N U A L R E P O R T

## O F T H E S U P E R I N T E N D E N T .

MR. CHAIRMAN, MY LORD, AND GENTLEMEN,

In fulfilment of the tenth rule, I have the honour to submit the yearly report of the number of admissions, recoveries, discharges, and deaths that have occurred, and of other particulars relating to the state of the Asylum up to the 1st January, 1879. A summary of the movement of the population is set forth in the following table:—

TABLE I.

Showing the admissions, discharges, and deaths during the year 1878:—

				M	F	T
In the Asylum on the 1st January, 1878 .....				187	206	393
	M	F	T			
Admitted since for the first time	36	33	69			
Re-admitted .....	10	6	16			
Total admitted.....				46	39	85
Total under treatment during the year.....				233	245	478
DISCHARGED OR REMOVED.						
	M	F	T			
Recovered .....	16	13	29			
Relieved .....	1	4	5			
Not improved .....	1	1	2			
Died .....	26	26	52			
Total discharged and died during the year .....				44	44	88
Remaining in the Asylum, 31st December, 1878 ..				189	201	390
Average number resident during the year .....				189	204	393

The chargeability of those remaining is thus distributed—Nottingham Union, 113; Radford Union, 54; Basford and Bulwell parishes, 31; making 198 whose settlement is in the Borough of Nottingham. Three others belong to the Borough of Newark, and 189 to the county and its Unions.

The applications from the county proper were all complied with, and 66 patients admitted; 15 also were received from the Radford Union; 3 from the parishes of Basford and Bulwell, now no longer forming a portion of the county for this purpose; and one, a criminal chargeable to the Nottingham Union, was brought in from Southwell House of Correction.

The Asylum has been on the verge of being full at various times, and on one occasion held 401 patients, the highest number ever reached. No room could be spared for new cases arising in the old borough, and the vacancies that occurred were replaced by those having a legal right of admission, and from the parishes formerly in union with the county.

Of those admitted 20 were 60 years old or upwards. One of the re-admissions was that of a woman after an interval of 46 years. On reference to our registers as to the number of lunatics in detention in 1832, a very different state of affairs from the present was found recorded. At that time 37 private patients and 51 paupers were under care here. At present there are 390 of the latter class alone in the Asylum, and 78 more maintained in other Asylums, exclusive of about 68 private patients confined in the Lunatic Hospital.

Undoubtedly the greater portion of this increase may be accounted for by the circumstance that the terms lunacy and idiocy were then used in a very restricted sense, but are now made to include all diseases of the brain accompanied by disorder of the intellect, and ranging from congenital imbecility to senile decay.



Eleven of those admitted were affected with epilepsy, generally an incurable complication; fourteen with general paralysis, a disease tending to a fatal issue, and the majority of the remainder in a weakly condition of bodily health. It is from a knowledge of the causes of insanity and by continued efforts to obviate them that we can hope to limit the increase of this deplorable affliction. Insanity depends upon a plurality of causes, and also upon a conjunction of them, as when two or three act together and produce the same effect. Of the 85 cases intemperance in drink was an agent, either sole or combined, in 24, or in 35 per cent. of the whole; and as regards sex in the proportion of 18 men to 6 women. Hereditary predisposition was apparent in 22 cases. This has a tendency to die out, but is continually renewed by the occurrence of instances originating out of other physical and moral causes to a great extent preventible. In some lunatics there is family history of intemperance sufficient to account for predisposition without the occurrence of absolute insanity in the ancestor. Nine cases were ascribed to adverse circumstances. The other causes of less frequency are enumerated in the tables annexed to this report.

The recoveries were 29, or 34 per cent. on the admissions, being at the rate of 4 per cent. above the average of the 58 Asylums in 1877, as furnished in the report of the Lunacy Commissioners. The deaths were 52, or 2.9 above the average, 10.3; and were the result of natural causes. One woman died aged 96 years. As this is the oldest Asylum in England, a slight excess in the death-rate may be expected until the conditions of comparison are made equal by the accumulation in the more modern establishments of aged lunatics in like numbers with this.

Private patients are no longer received here as they are in 24 other County Asylums. The statistics of this class are more favourable than those of the public beneficiaries. Their friends, moreover, have the power of removing them at will on the development of unfavourable symptoms, whereby the death-rate is lowered artificially.

According to the last return, 395 inquests were held in Nottingham and Nottinghamshire in one year. One only has taken place at the Asylum during the past twelve months, upon a man who had died suddenly of disease of the arteries of the brain. The only removal requiring notice is that of a quondam male criminal, who in 1877 created considerable anxiety by his homicidal propensities, shown by stabbing an attendant in several places. Having again treacherously wounded the same man in like manner, and as the superior officers could only perform their duties at the risk of being killed, it was deemed expedient to remove him again to Fisherton House, where others of his class are confined. The cost of providing attendants to watch him in this Asylum was found to be greater than in that institution, where systematic provision is made for the care of such persons.

No suicide or fatal injury happened to any of the 478 patients brought under treatment. It may be useful to compare this result with the statistics outside. According to the late return of the Registrar-General, 73 persons per million were proved to have destroyed themselves in England and Wales in one year. In the Nottinghamshire district 23 men and 11 women committed suicide in the following manner:—

	M.	F.
Gunshot.....	1	0
Cut, stab .....	5	2
Poison .....	1	2
Drowning .....	3	6
Hanging .....	11	1
Others .....	2	0

It can scarcely be held that all these deaths were the result of vicious impulse, and not of disease amenable to treatment.

The accounts presented to-day are compiled in a new form furnished by the London Board. It appears to be necessary under this arrangement to have two banking accounts: one for the fabric and another for the maintenance, and to appor-

tion the general balance between them. The balance in hand will enable each department to commence with funds amply sufficient to meet all ordinary contingent expenses.

*Wm. P. Phillimore, M.B.,*

SUPERINTENDENT.

SNENTON, 16TH JANUARY, 1879.



# REPORT

## OF THE

### COMMISSIONERS IN LUNACY.

NOTTINGHAM COUNTY ASYLUM,

July 20 and 22, 1878.

The last visit to this Asylum paid by our colleagues was on November 13 and 14. At that time there were 395 patients under Dr. Phillimore's care. There is now a slight decrease in the numbers, there being at present 390 patients, of whom 186 are males, and 204 are females; of these 97 men and 100 women are County and County Union patients; 34 men and 36 women belong to the extended Borough of Nottingham, but these are considered to belong, as regards charges, for the present to the county; 52 men and 68 women are chargeable to the old Borough of Nottingham; and 3 men belong to the Borough of Newark. The weekly rate for the county patients is 10s., for the borough patients 11s., and for Newark patients 14s.

The following table shows the changes which have taken place since the last visit:—

	M	F	T
Admitted.....	34	31	65
Discharged as "Recovered" .....	15	12	27
Discharged as "Relieved" or "Not Improved" ..	2	5	7
Died .....	20	16	36

Of those admitted, 15 were re-admissions, 7 men and 8 women. No patients were absent on leave. Since the 1st



January last we are informed that no patients have been admitted belonging to the "old" borough. The recoveries have been during the last eight months in the proportion of 41 per cent. to the admissions.\*

The mortality has been at the rate of 13.70 † per cent. per annum, calculated on the average daily numbers resident. This is about 3 per cent. higher than the average rate in English County and Borough Asylums. Post-mortem examinations were made in three instances only, and in these the deaths were recorded, respectively, as due to "Pulmonary Consumption," "Melancholia with Convulsions," and "Disease of the Arteries of the Brain." In the last-named the patient died suddenly in the night, and it was the only instance on which a coroner's inquest was held. The circumstances were reported to our Board at the time, and formed the subject of correspondence between the Commissioners and the Superintendent and Committee of Visitors. As regards the other deaths, no unusual or exceptional causes are assigned, 6 being ascribed to General Paralysis, 5 to Epilepsy, 12 to Diseases of the Heart and Lungs, and 5 to Senile Decay.

The difficulties hitherto said to exist in obtaining permission to make post-mortem examinations will, we hope, be overcome, and that for the future the proportion of these examinations to the deaths will be so largely increased that, among other advantages secured, the causes of death may be ascertained with greater certainty than can be the case at present.

The general health of the inmates is at present fairly good, and there were only eight patients voluntarily in bed, four of each sex. Under medical treatment there are 16 men and 14 women.

We saw all the patients in both divisions, conversed with many, and afforded to all the opportunity of making known to us their wishes and complaints. In one ward in each division

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\* or, 11 per cent. above the average, 1877.

† or, 13.23 for the whole year.

there was some noisy excitement, though in the rest of the wards the patients were tolerably quiet. The dangerous patient referred to by our colleagues in their last entry has been removed to another Asylum. The men and women were both well clothed, and they were clean and tidy in appearance.

We had many appeals for release, but from none who were at present fit for discharge. A few who are recovering, and who will soon be able to leave, were contented with the prospect of early discharge.

No patient was mechanically restrained, and no male patient was in seclusion; but two women were locked in their rooms owing to violent or troublesome conduct. According to the Medical Journal, mechanical restraint has not been used since the last visit; but, during the interval of eight months, seclusion appears to have been rather largely employed—20 of the men and 12 of the women having been so treated—the former on 56 occasions for a total duration of 428 hours, and the latter on 94 occasions for an aggregate of 589 hours. According to the returns supplied to us the attendance at Divine Service on Sunday last included 99 men and 78 women, while at the week-day service 75 men, but only 33 women, were present.

The staff attendants consists of 13 day and 1 night attendant on the male side, and of 1 head and 12 day attendants and 2 night nurses on the female side.

The number of patients employed and their occupations, not including those assisting in cleaning the wards, is shown by the following table:—

MEN.		WOMEN.	
On the Land .....	22	Needlework and Knitting ....	19
In Kitchen and Offices .....	4	Kitchen and Offices .....	11
In Workshops and at Trades ..	14	Laundry and Washhouse ....	30

The number of men employed on the land and assisting tradesmen is still very small; with a slight addition to the



staff, and if this addition included a head attendant so often recommended by the Commissioners, we have no doubt that many men now unoccupied might be employed with benefit to themselves and advantage to the institution. Several male patients complained to us that they were not allowed to work on the land, and that, as a rule, they were limited for exercise to the airing courts, which are but small in size, and, owing to the rapid slope, not very favourable for that purpose. A proper room for hair picking is much wanted, and might be found in that now used by the gardener, if he could be transferred elsewhere.

The first day of our visit was one of the two days in the week on which meat is not given. The dinner, which we saw in the female wards, consisted of red currant pudding and beer. It was good in quality and liked by many, but some complained of its unsubstantial character. This objection might be met by allowing bread and cheese in addition, as is the case on the other pudding day in the week, as to which we had no complaint.

The indoor associated amusements are still held only monthly in the ironing room, and we desire to repeat the remarks made on this subject by the last Visiting Commissioners.

We found the rooms generally clean, and the beds and bedding, with a few exceptions on the female side in the old building, in good order. We are glad to report a marked improvement throughout the whole of the wards as regards brightness and cheerfulness, due to the fact that the whole of the interior has been painted, and the day-rooms papered, in good taste, since the last visit. On the removal of the borough patients, further improvements will, we hope, be made in the way of increased light in some day-rooms, and in better means of ventilation in the dormitories and single rooms of the old building.

The better lighting of the water closets by gas still needs attention.

During the last month, the female epileptic patients have been brought together at night into dormitories and single rooms, where they have the continuous supervision of a special night attendant; no such arrangement for the epileptics as yet exists on the male side, but it is equally needed, and we are glad to learn that it is proposed to adopt it as soon as possible. It would be well to include the suicidal patients in this system of continuous night supervision.

We have pointed out to Dr. Phillimore that on the female side the arrangements will not be complete until each single room is lighted by a gas burner, placed externally, and an opening made in each door, to allow the attendant, without entering the room, to readily hear and see the patient. A tell-tale clock, with at least two recording stations, should be procured, so that the special attendant's wakefulness can be tested half-hourly. One also for the ordinary female night attendant is still necessary, and there should be at least one recording station in each ward, both in the male and female division.

*W. E. Frere,*

*John D. Cleaton,*

COMMISSIONERS IN LUNACY.



## A P P E N D I X .

[Table I. see Superintendent's Annual Report, page 7.]

TABLE II.

SHEWING THE ADMISSIONS, RE-ADMISSIONS, AND  
DISCHARGES,

From 1st January 1856, to the present date 31st December 1878.

				M	F	T
Brought forward from previous years, (1812 to 31st December, 1855) .....				120	110	230
Admitted during the period of 23 years .....				995	957	1952
Re-admissions.....				219	212	431
Total of Cases admitted .....				1334	1279	2613
				M	F	T
Discharged or removed						
Recovered .....	394	457	851			
Relieved .....	153	183	336			
Not improved ..	65	35	100			
Died .....	533	403	936			
Total discharged and died during the 23 years				1145	1078	2223
Remaining 31st December, 1878.....				189	201	390
Average number resident during the 23 years....						331.09

Shewing the Admissions, Discharges and Deaths; with the mean Annual Mortality; and proportion of Recoveries per Cent of the Admissions for each Year since 1st January, 1856

YEAR.	ADMITTED						DISCHARGED						DIED.			Remaining 31st Dec. in each year.			Average Numbers Resident			Per centage of Recoveries on Admissions			Per centage of Deaths on aver- age numbers Resident		
	Recovered			Relieved			Not improved			DIED.			Remaining 31st Dec. in each year.			Average Numbers Resident			Per centage of Recoveries on Admissions			Per centage of Deaths on aver- age numbers Resident			Per centage of Deaths on aver- age numbers Resident		
	Recovered			Relieved			Not improved			DIED.			Remaining 31st Dec. in each year.			Average Numbers Resident			Per centage of Recoveries on Admissions			Per centage of Deaths on aver- age numbers Resident			Per centage of Deaths on aver- age numbers Resident		
	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T
Brought forward from 1812—													120	110	230												
1856—	45	44	89	15	15	30	16	30	46	3	0	3	11	6	17	120	103	223	33.33	34.11	33.70				7.86		
1857—	37	49	86	9	19	28	3	6	9	2	0	2	13	10	23	130	117	247	24.32	38.77	32.55				9.62		
1858—	55	59	114	22	14	36	27	9	36	3	1	4	8	18	26	125	134	259	40.00	23.72	31.35				10.17		
1859—	84	44	128	21	18	39	24	10	34	13	13	26	12	15	27	139	122	261	25.00	40.90	30.46				10.53		
1860—	58	40	98	21	18	39	2	1	3	2	0	2	26	15	41	147	127	274	36.20	45.00	39.79				15.25		
1861—	69	52	121	16	15	31	0	2	2	19	0	19	21	18	39	160	144	304	23.18	28.84	25.61				13.31		
1862—	48	43	91	22	18	40	1	1	2	1	1	2	24	13	37	160	154	314	25.83	41.86	43.95				12.13		
1863—	50	37	87	24	12	36	5	3	8	1	1	2	20	18	38	160	157	317	48.00	32.43	41.37				11.8		
1864—	37	52	89	12	23	35	3	4	7	3	1	4	18	22	40	161	159	320	32.43	44.23	39.32				12.26		
1865—	51	58	109	22	20	42	0	8	8	0	0	0	27	14	41	163	175	338	43.13	34.48	38.53				12.22		
1866—	52	50	102	19	24	43	3	7	10	1	0	1	25	17	42	167	177	344	36.53	48.00	42.16				12.07		
1867—	44	51	95	13	26	39	5	13	18	0	1	1	26	17	43	167	171	338	38.29	54.50	41.05				12.74		
1868—	38	55	93	13	13	26	4	4	8	1	0	1	19	23	42	168	186	354	34.21	23.72	27.95				11.65	12.77	12.24
1869—	56	48	104	14	16	30	20	19	39	2	3	5	25	14	39	163	182	345	160.06	179.44	339.51	25.00	33.33	28.84	15.62	7.80	11.5
1870—	53	57	110	18	22	40	2	4	6	0	0	0	29	19	48	167	194	361	33.96	38.59	36.36				17.79	10.00	13.59
1871—	61	58	119	23	22	45	2	6	8	0	1	1	30	23	53	173	200	373	37.70	37.93	37.81				17.54	11.79	14.48
1872—	53	63	116	8	27	35	4	3	7	0	1	1	42	25	67	172	207	379	15.09	42.85	30.17				24.70	12.50	18.10
1873—	67	67	134	22	27	49	9	22	31	2	0	2	26	17	43	180	208	388	32.83	40.30	36.57				14.52	8.41	11.28
1874—	47	39	86	14	25	39	2	5	7	2	2	9	22	17	39	182	198	380	186.70	206.47	393.17	29.78	64.10	45.34	11.78	8.23	9.91
1875—	54	62	116	14	23	37	10	14	24	1	1	2	26	17	43	185	205	390	187.95	202.46	390.41	27.45	37.09	31.89	13.88	8.39	11.01
1876—	61	63	124	20	27	47	6	8	14	4	4	8	26	21	47	190	208	398	186.95	205.21	392.16	32.78	42.85	37.90	13.90	10.23	11.98
1877—	48	39	87	16	20	36	3	1	4	0	3	3	32	17	49	187	206	393	33.33	51.28	41.37				16.93	8.29	12.43
1878—	46	39	85	16	13	29	1	4	5	1	1	2	26	26	52	189	201	390	34.78	33.33	34.11				13.75	12.74	13.23

Shewing the History of the Annual Admissions from the 31st December, 1868, with the Discharges and Deaths, and the numbers of each year remaining on the 31st December, of the year reported on.

Year.	Admitted.				Of the Year's Admissions, Discharged and Died, in 1878.												Total Discharged and Died of each Year's Admissions to December 31st, 1878.												Remaining of each Year's Admissions Dec. 31, 1878.			
	New Cases.		Relapsed Cases.		Total.	Recovered.			Relieved.			Not improved.			Died.			Recovered.			Relieved.			Not improved.			Died.					
	M	F	M	F		M	F	T	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T
Brought forward to 31st Dec. 1868	168	186	.....	.....	354	0	1	1	0	0	0	0	0	2	11	13	6	17	23	20	31	51	3	5	8	80	77	157	59	56	115	
1869	50	41	6	7	104	0	0	0	0	0	0	0	0	1	0	1	18	14	32	6	6	12	0	0	0	26	11	37	6	17	23	
1870	45	48	8	9	110	0	0	0	0	0	0	0	0	1	0	1	22	23	45	5	9	14	1	0	1	22	15	37	3	10	13	
1871	52	47	9	11	119	0	0	0	0	0	0	0	0	0	1	1	11	19	30	7	7	14	0	2	2	34	19	53	9	11	20	
1872	46	51	7	12	116	0	0	0	0	0	0	0	0	1	1	2	13	36	49	1	8	9	3	0	3	27	13	40	9	6	15	
1873	60	56	7	11	134	0	0	0	0	0	0	0	0	2	2	4	18	22	40	7	10	17	2	0	2	26	20	46	14	15	29	
1874	42	32	5	7	86	0	0	0	0	0	0	0	0	0	1	1	17	20	37	5	2	7	2	1	3	14	7	21	9	9	18	
1875	50	54	4	8	116	0	0	0	0	0	0	0	0	4	4	8	14	25	39	3	6	9	4	2	6	17	15	32	16	14	30	
1876	50	48	11	15	124	2	1	3	0	0	0	1	0	4	1	5	22	24	46	3	3	6	2	4	6	19	12	31	15	20	35	
1877	40	34	8	5	87	4	3	7	0	3	3	0	0	4	2	6	14	14	28	1	3	4	0	2	2	12	4	16	21	16	37	
1878	36	33	10	6	85	10	8	18	1	1	2	0	0	7	3	10	10	8	18	1	1	2	0	0	0	7	3	10	28	27	55	

Summary of Admissions for 23 Years, with Cases brought forward.				Male.		Female.		Bot Sexes	
Per centage of Cases				29.54		35.74		32.57	
Recovered				11.47		14.31		12.86	
Relieved				4.87		2.73		3.83	
Not Improved				39.95		31.50		35.81	
Died				14.17		15.72		14.93	
Remaining				100.		100.		100.	

TABLE V.

SHEWING THE CAUSES OF DEATH DURING THE YEAR.

CAUSES OF DEATH.	M	F	T
General Diseases, <b>A.</b> (none)			
"    " <b>B.</b>			
Phthisis .....	1	1	2
"    with Mania .....	1	0	1
Scrofula .....	0	1	1
"    with Chorea .....	0	1	1
Local Diseases.			
Diseases of the Nervous System.			
Softening of the Brain, and Convulsions .....	1	0	1
Apoplexy with Heart Disease .....	1	0	1
Epilepsy .....	3	4	7
General Paralysis .....	4	3	7
"    "    with Epilepsy .....	1	0	1
"    "    with Bronchitis .....	1	0	1
Mania with Encephalitis .....	1	0	1
Melancholia with Convulsions .....	0	2	2
Dementia, Senile .....	3	0	3
"    with Exhaustion .....	2	1	3
*Atheroma of Arteries of Brain .....	1	0	1
Diseases of Lungs.			
Pneumonia .....	0	1	1
Bronchitis .....	0	3	3
"    with Dementia .....	0	1	1
Asthma with Old Age .....	1	2	3
Disease of Heart .....	3	3	6
"    "    with Melancholia and Exhaustion .....	0	1	1
"    "    with Dementia .....	1	1	2
Disease of Liver—Fatty Degeneration .....	1	0	1
"    "    with Diarrhœa .....	0	1	1
TOTAL .....	26	26	52

\* Inquest



TABLE VI.

Shewing the length of Residence in those Discharged Recovered, and  
in those who have Died during the Year.

Length of Residence.	Recovered.			Died.		
	M	F	T	M	F	T
Under 1 month .....	1	0	1	4	1	5
From 1 to 3 months .....	4	3	7	3	2	5
„ 3 — 6 „ .....	6	5	11	1	1	2
„ 6 — 9 „ .....	1	1	2	0	0	0
„ 9 — 12 „ .....	0	2	2	1	0	1
„ 1 — 2 years .....	3	0	3	4	2	6
„ 2 — 3 „ .....	1	1	2	4	2	6
„ 3 — 5 „ .....	0	0	0	4	3	7
„ 5 — 7 „ .....	0	0	0	1	3	4
„ 7 — 10 „ .....	0	0	0	2	1	3
„ 10 — 15 „ .....	0	1	1	0	5	5
„ 15 — 20 „ .....	0	0	0	1	4	5
„ 20 — 30 „ .....	0	0	0	0	1	1
„ 30 — 40 „ .....	0	0	0	1	1	2
<b>TOTAL</b> .....	16	13	29	26	26	52

TABLE VII.

Shewing the duration of the Disorder on Admission in the Admissions,  
Discharges, and Deaths, during the Year.

CLASS.	Duration of Disorder on Admission in the Four Classes.											
	The Admissions.			The Discharges.						The Deaths.		
				Recovered.			Removed, Relieved, or otherwise.					
	M	F	T				M	F	T	M	F	T
FIRST CLASS: First attack and within three months on admission .....	19	19	38	10	6	16	1	1	2	8	7	15
SECOND CLASS: First attack above 3 and within 12 months on admission .....	5	6	11	1	2	3	0	0	0	7	3	10
THIRD CLASS: Not first attack and within 12 months on admission.....	10	4	14	5	4	9	0	0	0	3	6	9
FOURTH CLASS: First attack or not but of more than 12 months on admission	3	5	8	0	0	0	0	0	0	2	5	7
Not ascertained .....	4	4	8	0	1	1	1	3	4	6	5	11
Congenital.....	5	1	6	0	0	0	0	1	1	0	0	0
TOTAL.....	46	39	85	16	13	29	2	5	7	26	26	52

TABLE VIII.

Shewing the Ages of the Admissions, Discharges, and Deaths during the Year.

AGES.	The Admissions.			The Discharges.						The Deaths.			
				Recovered.			Removed, Relieved, or otherwise						
	M	F	T	M	F	T	M	F	T	M	F	T	
From													
10 to 15 years	2	1	3	0	0	0	0	0	0	0	0	0	0
15 „ 20 „	2	2	4	2	1	3	0	0	0	0	0	0	0
20 „ 30 „	3	9	12	0	3	3	0	0	0	2	2	4	
30 „ 40 „	3	8	11	1	3	4	1	1	2	5	3	8	
40 „ 50 „	14	7	21	6	2	8	0	1	1	3	4	7	
50 „ 60 „	8	6	14	3	4	7	0	1	1	5	5	10	
60 „ 70 „	10	3	13	3	0	3	1	1	2	2	8	10	
70 „ 80 „	4	2	6	1	0	1	0	0	0	8	2	10	
80 „ 90 „	0	1	1	0	0	0	0	1	1	1	1	2	
90 „,100 „	0	0	0	0	0	0	0	0	0	0	1	1	
TOTAL..	46	39	85	16	13	29	2	5	7	26	26	52	

TABLE IX.

Conditions as to Marriage in the Admissions, Discharges, and Deaths, during the Year.

Condition in reference to Marriage.	The Admissions.			The Discharges.						The Deaths.		
				Recovered.			Removed, Relieved, or otherwise.					
	M	F	T	M	F	T	M	F	T	M	F	T
Single.....	29	20	49	2	5	7	1	3	4	7	6	13
Married .....	10	14	24	11	7	18	1	0	1	13	9	22
Widowed ....	6	5	11	3	1	4	0	2	2	6	8	14
Not Ascertained ...	1	0	1	0	0	0	0	0	0	0	3	3
TOTAL....	46	39	85	16	13	29	2	5	7	26	26	52

TABLE X.

Shewing the probable Causes, apparent or assigned, of the Disorder, in the Admissions (46 -|- 39 = 85).

CAUSES OF INSANITY.		The Admissions.									Total.
		Predisposing Cause.			Exciting Cause.			Predisposing or Exciting Cause, where these cannot be distinguished			
		M	F	T	M	F	T	M	F	T	
MORAL.											
Domestic Trouble (including loss of relatives and friends)	A	..	.	..	1	1	2	..	..	..	2
Adverse Circumstances (including business anxieties and pecuniary difficulties)		B	..	..	..	3	3	6	0	3	3
Mental Anxiety and Worry (not included under the above two heads A and B) and Overwork.	C	0	1	1	..	..	..	..	.	..	1
Religious Excitement	D	..	..	..	1	1	2	..	..	..	2
Love Affairs (including seduction)	E	..	..	..	0	2	2	..	..	..	2
Fright and Nervous Shock	F	..	..	..	0	1	1	..	..	..	1
PHYSICAL.											
Intemperance in Drink	G <sub>1</sub>	0	1	1	18	5	23	.	..	..	24
„ Sexual	G <sub>2</sub>	..	..	..	.	..	..	..	..	..	.
Venereal Disease	H	..	..	..	..	..	.	..	..	..	..
Self-abuse (Sexual)	I	..	..	..	..	..	..	..	..	..	..
Over Exertion	K	..	..	..	..	..	..	..	..	..	..
Sunstroke	L	..	..	..	1	0	1	.	..	..	1
Accident or Injury	M	1	1	2	4	1	5	..	..	..	7
Pregnancy	N <sub>1</sub>	..	..	..	..	..	..	..	..	..	..
Parturition and the Puerperal State	N <sub>2</sub>	..	..	..	0	4	4	..	..	..	4
Lactation	N <sub>3</sub>	..	..	..	..	..	..	..	..	..	..
Uterine and Ovarian Disorders	O	..	..	..	0	1	1	..	..	..	1
Puberty	P <sub>1</sub>	..	..	..	..	..	..	..	..	.	..
Change of Life	P <sub>2</sub>	..	..	..	..	..	..	..	..	..	..
Fevers	Q	..	..	..	0	1	1	..	..	..	1
Privation and Starvation	R	..	..	..	..	..	..	..	..	..	..
Old Age	S	2	0	2	..	..	..	0	1	1	3
Other Bodily Diseases or Disorders	T	..	..	..	1	1	2	..	..	..	2
Previous attacks	V	11	3	14	..	..	..	..	..	..	14
Hereditary influence ascertained	W	6	16	22	..	..	..	..	..	.	22
Congenital defect ascertained	X	1	0	1	1	0	1	2	0	2	4
Other ascertained causes	Y	..	..	..	.	..	..	..	..	..	..
Causes unknown	Z	..	..	..	..	..	..	3	5	8	8
											108

	M	F	T	
Epilepsy was a complication in.....	7	„	4	= 11 Cases.
General Paralysis existed in.. .....	10	„	4	= 14 „
Having Phthisical family history .....	2	„	1	= 3 „
Having family history of Intemperance	1	„	2	= 3 „



TABLE XI.

GENERAL STATEMENT OF ADMISSIONS, DISCHARGES, &c.  
 COMMENCING AT THE TIME OF THE UNION BETWEEN  
 THE COUNTY AND THE BOROUGH,  
 ON 31st DECEMBER, 1855.

(For the Statistics from the Opening of the Asylum on February 12th,  
 1812, up to 31st December, 1855, see former Reports.)

*Private and Pauper Patients received up to August 1st, 1859.*

Year	Number of Admissions	Recovered	Relieved and Removed	Died	Remaining December 31st	Total under Treatment	Daily Average Resident	Per Centage of Recoveries on Admissions	Per Centage of Deaths on Daily Average	Per Centage of Deaths on Total Number under Treatment
1856	89	30	49	17	223	319	216 17	33.70	7.86	5.32
1857	86	28	11	23	247	309	239.08	32 55	9.62	7.44
1858	114	36	40	26	259	361	255 60	31.35	10.17	7.20
1859	128	39	60	27	261	387	256.38	30 46	10.53	6.97

*Pauper Patients only, received after August 1st, 1859.*

1860	98	39	5	41	274	359	268.83	39.79	15.25	11.42
1861	121	31	21	39	304	395	293	25.61	13 31	9.87
1862	91	40	4	37	314	395	305	43.95	12.13	9.34
1863	87	36	10	38	317	401	320	41.37	11.8	9 47
1864	89	35	11	40	320	406	326	39.32	12 26	9.85
1865	109	42	8	41	338	429	335.48	38.5	12 22	9.55
1866	102	43	11	42	344	440	347	42.16	12.07	9.54
1867	95	39	19	43	338	439	337.38	41.05	12.74	9.79
1868	93	26	9	42	354	431	343	28.	12.24	9.74
1869	104	30	44	39	345	458	339	28.84	11.5	8.5
1870	110	40	6	48	361	455	353	36.36	13.59	10.54
1871	119	45	9	53	373	480	366	37.81	14.48	11.04
1872	116	35	8	67	379	489	370	30.17	18.10	13 70
1873	134	49	33	43	388	513	381	36.57	11.28	8.38
1874	86	39	16	39	380	474	393.17	45.34	9.91	8 22
1875	116	37	26	43	390	496	390.41	31.89	11.01	8.66
1876	124	47	22	47	398	514	392.16	37 90	11.98	9.14
1877	87	36	7	49	393	485	394	41.37	12.43	10.10
1878	85	29	7	52	390	478	393	34.11	13.23	10.87



TABLE XII.

SHEWING THE FORMS OF INSANITY IN THE  
PATIENTS ADMITTED.

	M	F	T
Mania .....	14	16	30
Melancholia .....	12	13	25
Dementia .....	13	8	21
Imbecility .....	5	2	7
Idiocy .....	2	0	2
TOTAL .....	46	39	85

TABLE XIII.

CHARGEABILITY OF PATIENTS ON 31<sup>ST</sup> DECEMBER,  
1878.

	M	F	T
County Union, Patients.....	92	93	185
"    "    Criminals .....	1	1	2
County proper, Patients.....	2	0	2
"    "    Criminals .....	..	..	..
Borough Union, Patients .....	47	65	112
"    "    Criminals .....	1	0	1
Extended Borough .....	43	42	85
Borough of Newark, Patients (not contributing) .....	3	0	3
"    "    Criminals .....	..	..	..
Out-County Patients .....	..	..	..
TOTAL .....	189	201	390

TABLE XIV.  
NUMBER OF LUNATICS AND IDIOTS CHARGEABLE TO PARISHES IN THE COUNTY OF  
NOTTINGHAM, ON THE 1ST JANUARY, 1879.

UNIONS.	In County Asylum.			In other Asylums.			In Workhouses.			In Lodgings.			With Friends.			Total.		
	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T	M	F	T
Basford .....	34	54	89	2	4	6	16	15	31	..	..	..	..	..	..	53	73	126
Bingham .....	11	5	16	0	1	1	1	0	1	..	..	..	..	2	2	12	8	20
Doncaster .....	1	0	1	..	..	..	..	..	..	..	..	..	..	..	..	1	0	1
Gainsborough .....	2	0	2	..	..	..	..	..	..	..	..	..	..	..	..	2	0	2
Loughborough .....	1	1	2	..	..	..	1	0	1	..	..	..	..	..	..	2	1	3
Mansfield .....	17	14	31	2	1	3	12	12	24	..	..	..	..	17	22	36	44	80
Newark Borough .....	3	0	3	3	3	6	..	..	..	..	..	..	..	..	..	6	3	9
County .....	4	4	8	..	..	..	..	..	..	..	..	..	..	2	4	6	6	12
Nottingham .....	48	65	113	33	27	60	37	55	92	..	..	..	39	48	87	157	195	352
Radford .....	31	23	54	..	..	..	6	5	11	..	..	..	1	6	7	38	34	72
Retford .....	16	9	25	..	..	..	5	6	11	..	..	..	3	10	13	24	25	49
Shardlow .....	2	2	4	1	0	1	..	..	..	..	..	..	..	..	..	3	2	5
Southwell .....	12	14	26	0	1	1	3	5	8	..	..	..	..	..	..	15	20	35
Worksop .....	4	10	14	..	..	..	1	8	9	..	..	..	0	8	8	5	26	31
County .....	2	0	2	..	..	..	..	..	..	..	..	..	..	..	..	2	6	2
Out-County .....	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..	..
Total, 1878 .....	189	201	390	41	37	78	82	106	188	..	..	..	50	93	143	362	437	799
„ 1877 ..	187	206	393	21	25	46	87	112	199	0	2	2	50	81	131	345	426	771
Increase .....	2	..	3	20	13	32	..	6	11	..	..	..	..	12	12	17	11	28
Decrease .....	..	5	..	..	..	..	5	..	..	0	2	2	..	..	..	..	..	..

N.B.—On comparing this table with that of last year there is an increase of 10 in the Nottingham Union return, and of 18 in the other Unions, including those lately annexed to the Borough. This increase of 18 is apparent only, and has been occasioned by the omission last year of 20 patients in the column “with friends” in the Mansfield Union. There is really a decrease of two.

TABLE XV.  
D I E T A R Y .

	MALES.	FEMALES.
BREAKFAST. EVERY DAY.	Milk Porridge or Coffee, with 4oz. of Butter for 12 Patients $1\frac{1}{2}$ pt Bread ..... 7 oz	Tea, Coffee, or Porridge ... 1 pt Butter for 12 Patients 4 oz Bread ..... 6 oz
DINNER. SUNDAY.	Roast Meat, free from Bone ..... 6 oz Bread ..... 4 oz Vegetables ..... 16 oz Beer ..... $\frac{1}{2}$ pt	..... 5 oz ..... 4 oz ..... 12 oz ..... $\frac{1}{2}$ pt
MONDAY.	Australian Meat .. 5 oz Bread ..... 4 oz Vegetables ..... 16 oz Beer ..... $\frac{1}{2}$ pt	..... 5 oz ..... 4 oz ..... 12 oz ..... $\frac{1}{2}$ pt
TUESDAY.	Currant or Fruit Pudding ..... 16 oz Beer ..... $\frac{1}{2}$ pt	Rice Pudding .... 12 oz Bread ..... 5 oz Cheese ..... 1 oz Beer .... $\frac{1}{2}$ pt
WEDNESDAY.	Meat, in pie, free from Bone ..... 5 oz Pie Crust ..... 10 oz Potatoes, sliced ... 12 oz Beer ..... $\frac{1}{2}$ pt	..... 4 oz ..... 8 oz ..... 8 oz ..... $\frac{1}{2}$ pt
THURSDAY.	Boiled Meat, free from Bone ... 6 oz Bread ..... 4 oz Vegetables ..... 16 oz Beer ..... $\frac{1}{2}$ pt	..... 5 oz ..... 4 oz ..... 12 oz ..... $\frac{1}{2}$ pt
FRIDAY.	Irish Stew ..... $1\frac{1}{4}$ pt Bread ..... 6 oz Beer ..... $\frac{1}{2}$ pt	..... 1 pt ..... 5 oz ..... $\frac{1}{2}$ pt
SATURDAY.	Rice Pudding ..... 16 oz Bread ..... 6 oz Cheese ..... 1 oz Beer ..... $\frac{1}{2}$ pt	Currant or Fruit Pudding ..... 16 oz Beer ..... $\frac{1}{2}$ pt
SUPPER. EVERY DAY.	Bread ..... 6 oz Butter for 12 Patients 4 oz Tea ..... $1\frac{1}{4}$ pt or Bread with Milk Porridge ..... $1\frac{1}{4}$ pt	Bread ..... 5 oz Butter for 12 Patients 4 oz Tea ..... 1 pt

The Stew, made of Australian Meat, Potatoes, Vegetables, &c.

Beer, 14 Gallons to the Bushel.

A Salad once a week.

Tea or Coffee instead of Milk Porridge on Rice Pudding Days.

Regular Workers in the Garden, Laundry, &c. have, at 11 a.m., Bread 4oz.,

Cheese, 1oz. ; Beer,  $\frac{1}{2}$  pint ; at 4 p.m., Beer,  $\frac{1}{2}$  pint.

Seed Cake twice a week in lieu of Bread and Butter.

## TABLE XVI.

## LIST OF NEEDLEWORK, EXCLUSIVE OF REPAIRS.

237 Dresses	235 Muslin Blinds
146 Shirts	29 Window Blinds
25 Shifts	39 Table Cloths
273 Sheets	4 Tartan Table Cloths
110 Pillow Cases	40 Day Caps
191 Pairs of Stockings	14 Knitted Curtains
64 Pairs of Stockings Footed	1 Ottoman Antimacassar
50 Flannel Vests	31 Cushion Covers
58 Flannel Petticoats	3 Ottoman Covers
46 Serge Petticoats	11 Window Valances
149 Aprons	1 Bed Valance
21 Pinafores	1 Toilet Cover
30 Bodices	47 Shrouds
46 Slops	23 Pudding Cloths
48 Hoods	3 Ironing Sheets
45 Bonnets Trimmed	55 Under Blankets

MEM.—Men's Clothing ; Shoes, Bedding, and Upholstery are made.  
The Baking and Brewing are done on the premises.



THE ANNUAL ACCOUNT FOR 1878  
OF  
RECEIPTS AND PAYMENTS  
OF THE  
COUNTY LUNATIC ASYLUM,  
AT SNENTON, NEAR NOTTINGHAM.

R E C E I P T S .

			£	s.	d.	£	s.	d.
Balance in Treasurer's hands	..	..	..	1839	3	7		
„ Clerk's hands	..	..	..	90	9	11½		
„ Storekeeper's hands	..	..	..	10	15	4		
						<hr/>		
						1940	8	10½
From Sales of Rags	..	..	..	5	17	4½		
„ Old Stores	..	..	..	10	9	6½		
„ Garden Produce	..	..	..	5	14	6		
„ Grains	..	..	..	0	10	7½		
						<hr/>		
						22	12	0½

M A I N T E N A N C E   A C C O U N T .

From Unions in the County contributing to the  
Asylum at 10s. per week:—

Basford	..	..	..	..	..	2236	2	8
Bingham	..	..	..	..	..	387	12	6
County	..	..	..	..	..	62	10	4
Doncaster	..	..	..	..	..	26	1	7
Gainsborough	..	..	..	..	..	58	3	3
Loughborough	..	..	..	..	..	52	3	2
Mansfield	..	..	..	..	..	802	0	10
Newark	..	..	..	..	..	175	11	2
Radford	..	..	..	..	..	1263	19	2
Retford	..	..	..	..	..	656	18	7
Shardlow	..	..	..	..	..	107	14	11
Southwell	..	..	..	..	..	652	18	4
Worksop	..	..	..	..	..	389	13	9

6871 10 3

From Unions and other places in Counties not  
contributing:—

Borough of Newark, at 14s. per week	..	..	..	126	10	0
Borough of Nottingham, at 11s. „	..	..	..	3621	15	1

3748 5 1

Carried forward .. .. 12582 16 3

	£	s.	d.	£	s.	d.
Brought forward .. ..				125	82	16 3
From County Treasurer:—						
For Ordinary Repairs .. ..	712	8	4			
,, Rates, Taxes, and Insurance .. ..	61	11	0			
,, Two-thirds of Annuity .. ..	17	6	8			
				791	6	0
From Nottingham Borough Treasurer:—						
For One-third of Annuity .. ..	8	13	4			
				8	13	4
Miscellaneous:—						
Bank Interest .. ..	48	10	6			
County Unions, for Funeral Expenses .. ..	23	19	6			
Nottingham Union, for ditto .. ..	3	0	0			
Newark ,, for ditto .. ..	1	10	0			
Removals .. ..	11	18	8			
				88	18	8
				13471	14	3

## P A Y M E N T S .

	£	s.	d.	£	s.	d.	£	s.	d.
Balance due to Treasurer .. ..							0	0	0
SALARIES AND WAGES.									
Salaries of Officers .. ..				1107	10	0			
Attendants .. ..	833	11	4½						
Servants—In-door .. ..	132	13	4½						
,, Out-door .. ..	41	16	0						
,, Occasional .. ..	99	2	1½						
				1107	2	10½			
							2214	12	10½
PROVISIONS.									
Meat .. ..				1742	14	0			
Milk .. ..	401	10	0						
Butter .. ..	430	4	9						
Cheese .. ..	129	0	7						
				960	15	4			
Bread .. ..	20	0	0						
Flour .. ..	872	12	0						
Meal .. ..	17	18	0						
Rice .. ..	36	19	11						
Potatoes .. ..	167	14	0						
				1115	3	11			
Sugar .. ..	164	14	6						
Tea .. ..	153	8	6						
Coffee .. ..	141	19	3						
Treacle .. ..	2	10	6						
				462	12	9			
Carried forward .. ..				4281	6	0	2214	12	10½

				£	s.	d.	£	s.	d.	£	s.	d.
	Brought forward	..					4281	6	0	2214	12	10½
Malt	..	..	..	485	1	0						
Hops	..	..	..	59	13	0						
Brewer's Wages	..	..	..	45	0	0						

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589 14 0

## FARM AND GARDEN EXPENSES.

Pigs	..	..	..	130	2	6
Implements	..	..	..	8	2	1
Labour	..	..	..	74	1	5
Seeds	..	..	..	26	10	0
Manure	..	..	..	16	0	3
Pig Food Grinding	..	..	..	49	13	5½

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304 9 8½

## OTHER ITEMS.

Currants	..	..	..	15	10	8
Eggs	..	..	..	26	6	8
Raisins	..	..	..	2	1	2
Tobacco	..	..	..	13	16	1
Provision Sundries	..	..	..	62	10	8½

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120 5 3½

5295 15 0

Wine and Spirits	..	..	..	8	8	0
Porter	..	..	..	32	8	0

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40 16 0

## NECESSARIES.

Fuel—Coal	..	..	..	358	4	0
„ Wood	..	..	..	8	0	0

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366 4 0

Lighting—Gas	..	..	..	84	6	9
„ Candles	..	..	..	4	16	6

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89 3 3

Washing—Soap	..	..	..	112	4	7
„ Soda	..	..	..	10	4	8
„ Starch	..	..	..	12	10	1
„ Water	..	..	..	40	4	1
„ Laundry Wages	..	..	..	56	0	0

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231 3 5

Other Items—Sweep	..	..	..	5	15	0
„ Oil	..	..	..	8	5	9
„ Sundries	..	..	..	16	15	8

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30 16 5

## SURGERY AND DISPENSARY.

717 7 1  
79 17 7

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Carried forward .. .. 8348 8 6½

[illegible]



Brought forward .. .. .	£	s.	d.	£	s.	d.
				10682	18	6½

## OTHER PAYMENTS.

Advertising, Printing, Books, Stamps, and Stationery	91	12	8			
Amusements .. .. .	11	2	10			
Patients on Trial and Removals .. .. .	10	0	0½			
Bank Commission .. .. .	13	6	0			
	<hr/>			126	1	6½
Balance in Treasurer's hands .. .. .	2522	0	7	10809	0	1
„ Clerk's hands .. .. .	100	11	4½			
„ Storekeeper's hands .. .. .	40	2	2½			
	<hr/>			2662	14	2
				£13471	14	3

Examined and found correct, February 13th, 1879,

*Charles Rogers,*

Accountant.

*A. Heymann,**William Tidmas,*

} AUDITORS.

**Average Weekly Cost of Maintenance, Medicine, Clothing, and  
Care of Patients, during the Year 1878.**

Provisions .....	5	2
Clothing .....	0	7
Salaries and Wages .....	2	2
Necessaries ( <i>e.g.</i> ) Fuel, Light, Washing, &c. ....	0	7¾
Surgery and Dispensary .....	0	0¾
Wine, Spirits, and Porter .....	0	0¾
Charged to Maintenance Account:—		
Furniture and Bedding .....	0	7⅛
Garden and Farm .....	0	0¾
Miscellaneous and Fractions .....	0	1
	9	4¾
Less Monies received for Articles, Goods, and Produce (exclusive of those consumed in the Asylum)	0	0⅛
	9	4½

Weekly Charge for Paupers from the County to which the Asylum belongs,

10s. for 1878

10s. for 1879

„ from other Counties and Boroughs, 11s. and 14s.

Daily Average Number of Patients Resident, Males ..... 189

„ „ „ „ Females ..... 204

TOTAL ..... 393

Any excess beyond the Weekly Charge is carried to the Maintenance Account.

# FINANCIAL STATEMENT.

DR.		CR.	
Balance due to the Treasurer	£ s. d.	By Unions contributing to the Asylum :—	£ s. d.
Assets, 1st January, 1878.....	0 0 0	For Maintenance of Patients up to 31st Dec., 1878 .....	1829 1 10
Balance .....	5434 1 9½	„ Out-County Patients, ditto.....	875 6 3
	559 1 5½	By County Treasurer, for—	
		Ordinary Repairs .....	536 6 10
		Rates, Taxes, and Insurance .....	63 14 2
		Two-thirds Annuity Payments .....	17 6 8
		By Borough Treasurer—	617 7 8
		One-third Annuity Payments .....	8 13 4
		Balance on 31st December, 1878—	8 13 4
		In Treasurer's hands .....	2522 0 7
		„ Clerk's hands .....	100 11 4½
		„ Storekeeper's hands .....	40 2 2½
			2662 14 2
			£5993 3 3

Examined and found correct, February 13th, 1879.

Charles Rogers,  
Accountant.

A. Heymann, }  
W. Tidmas, } AUDITORS.



ABSTRACTS OF ACCOUNTS FOR THE YEAR ENDING DECEMBER 31, 1878.

I.—MAINTENANCE ACCOUNT.

DR. THE TREASURER OF THE ASYLUM.		CONTRA.		CR.	
1878, Jan. 1st.	£ s. d.	1878, Jan. 1st.	£ s. d.	£ s. d.	£ s. d.
To Balance in hands of Treasurer of Asylum and Sub-Accountants .....	1940 8 10½	By Salaries and Wages (not including Payments for Labour appearing in Farming Account, nor comprised in Building, &c., Account), viz.:—			
To Goods sold as follows:—		Officers .....	1107 10 0		
Farm and Garden Sales and other Receipts	5 14 6	Attendants and others .....	1107 2 10½		
Kitchen Stuff and Old Stores .....	16 6 11			2214 12 10½	
Sundries .....	0 10 7½				
To Cash received on account of the Maintenance of Pauper Patients:—	22 12 0½	By Provisions, viz.:—			
From Unions and Parishes within contributory Counties and Boroughs, at 10s. per head per week .....	6808 19 11	Butchers' Meat, Bacon, and Lard....	1742 14 0		
From other Unions and Parishes, at 10s. per head per week .....	3381 15 4	Milk, Butter, and Cheese .....	960 15 4		
From Treasurers of Boroughs non-contributory, for excess of weekly charge above ordinary rate (30 and 31 Vic., c. 106, s. 23) .....	366 9 9	Bread, Flour, Meal, Rice, & Potatoes	1115 3 11		
From Treasurers of Counties and Boroughs, for patients adjudged chargeable thereto, viz.:—		Sugar, Treacle, Tea, Coffee, and Cocoa	462 12 9		
Of contributory Counties and Boroughs, at 10s. per head per wk } .....	62 10 4	Malt, Hops, Beer, &c. (in ordinary diet)	589 14 0		
To other Receipts, viz.:—		Farm and Garden Expenses .....	304 9 8½		
County Fabric .....	791 6 0	Other items .....	120 5 3½		5295 15 0
Borough Annuity .....	8 13 4	By Wine, Spirits, and Malt Liquor (not included in ordinary diet) .....		40 16 0	
Bank Interest .....	48 10 6	By Necessaries, viz.:—			
Funerals and Removals .....	40 8 2	Fuel .....	366 4 0		
		Lighting .....	89 3 3		
		Washing (including Wages of persons not employed as attendants) }	231 3 5		
		Other items .....	30 16 5		
		By Surgery and Dispensary .....		717 7 1	
		By Clothing (including Wages of persons not employed as attendants):—		79 17 7	
		For Patients .....	529 13 0		
		„ Attendants .....	57 18 11		
		By Furniture and Bedding .....		587 11 11	
		By Funeral Expenses and Removals .....		547 14 1	
		By transfers to Building and Repairs Fund Account, viz.:—		20 10 0	
		For ordinary Repairs (including Painting)		1178 14 0	
		By other Payments, viz. Stationery, &c.....		126 1 6½	
		By Balance in hands of Treasurer and Sub-Accountants, Dec. 31st .....		2662 14 2	
				£13471 14 3	

II.—Statement of the Financial Condition of the Maintenance Account of the Asylum, 31st December, 1878.

	£ s. d.		£ s. d.
Cash in hands of Treasurer and Sub-Accountants on Maintenance Account .....	2662 14 2	Amount due to Tradesmen .....	0 0 0
Amount due from Unions and Parishes .....	2704 8 1	Amount due to Fabric Account .....	1166 9 1
Ditto from County Treasurer .....	617 7 8	Balance in favour of the Asylum .....	4826 14 2
Ditto From other sources (Borough Treasurer) ....	8 13 4		
TOTAL .....	£5993 3 3		
		TOTAL .....	£5993 3 3

III.—FARMING AND GARDENING ACCOUNT.

Asylum Estate..... 21¼ Acres.

Land occupied therewith.... 0 „

DR. THE FARM AND GARDEN.		CONTRA.		CR.	
1878, Jan. 1st.	£ s. d.	1878.	£ s. d.	£ s. d.	£ s. d.
To value of Stock at the beginning of the year	232 2 0	By Cash received during the year from Sales		5 14 6	
To Cash paid during the year in respect of—		By Market Value of Goods supplied to the Asylum during the year, viz.:—			
Labour (not that of Patients) .....	74 1 5	Pork, &c. ....	431 0 11		
Provender .....	49 13 5½	Potatoes and other Vegetables .....	268 8 11		
Seeds and Manures .....	42 10 3	Other items .....	39 2 0		
Stock, Live and Dead (bought) .....	138 4 7			738 11 10	
To Balance in favour of Farm and Garden, Dec. 31st....	304 9 8½	By value of Stock at the end of the year, Dec. 31st.....		194 13 2	
	402 7 10½			£938 19 7	
	£938 19 7				

IV.—BUILDING AND REPAIRS FUND ACCOUNT.

DR. THE TREASURER OF THE ASYLUM.		CONTRA.		CR.	
1878, Jan. 1st.	£ s. d.	1878.	£ s. d.	£ s. d.	£ s. d.
To Cash received from Treasurer, or Treasurers of County, Borough, or Union of Bodies, to which Asylum belongs, on account of—		By Cash paid on account of Quadrennial Painting, &c. ....		552 13 0	
Ordinary Repairs .....	791 6 0	Ordinary Repairs .....	536 6 10		
To other Receipts (Borough Treasurer)	8 13 4	Rates and Taxes, Insurance and Rent (not included in Farming Account) }	63 14 2		
To transfers from Maintenance Account, viz.:—		By other payments. Annuity ⅓ County ....	17 6 8		
Excess of Weekly Charge on “out-county” Patients (25 and 26 Vic., c. 111, s. 6) .....	366 9 9	Annuity, ⅓ Borough to be repaid ..		617 7 8	
	1166 9 1			8 13 4	
To Balance due to Treasurer of Asylum, Dec. 31st .....	12 4 11				
	£1178 14 0			£1178 14 0	

EXAMINED,

(Signed)

C. Rogers,  
Accountant.

CLERK TO THE ASYLUM.

William Tidmas, }  
A. Heymann, }  
AUDITORS.

Hemp Sanby,







# THE CHARITABLE FUND FOR CONVALESCENT PATIENTS.

## SNENTON MIDDLETON FUND CASH ACCOUNT,

To 31st DECEMBER, 1878.

RECEIPTS.		PAYMENTS.	
1878.	£ s. d.	1878.	£ s. d.
January 1.—To Balance at Bank .....	37 2 3	April 2.—By Payment to Borough for share of Cash Balance	13 3 7
18.—, Dividend on £800 Consols .....	11 17 0	May 18.—, " " for share of Consols ....	205 7 7
May 17.—, Sale of £215 7s. 8d. Consols produced.....	205 7 7	" " to Seven Borough Patients on their } Discharge.....	6 0 0
July 8.—, Dividend on £584 12s. 4d. Consols .....	8 11 9	" " to Seventeen County Patients .....	13 5 0
Dec. 28.—, Repayment by Borough for Patients .....	6 0 0	" Balance in Bank.....	31 2 5
	£268 18 7		£268 18 7

AUDITED, { *A. Heymann,*  
                  *William Tidmas.*

# NOTE ON THE FABRIC ACCOUNT.

*Payments by the County Treasurer to the Treasurer of the Asylum, for Ordinary Repairs, under the Lunatic Asylums Act, 1853, Sections 31, 38.*

Enquiry having been made at the Financial Sessions, 1879, as to the nature and particulars of the expenditure of £617 7s. 8d. for the year ended December 31, 1878, the Superintendent has prepared the following statement for the information of the Justices.

On the 1st January, 1875, the county acquired the whole of the Asylum Estate, and became sole proprietor of the lands and buildings, with the additional responsibility of maintaining and upholding that portion amounting to one-third, the expense of which had previously been paid by the borough. It might have been expected that a proportionate call to that extent would have to be made annually, but so far this has not taken place, the average amount paid since 1875 having fallen below that of the four years preceding it, the last call of £617 7s. 8d. being the lowest of the four.

The rents and profits derived from non-contributories as Nottingham, Newark, and others, enabled the Committee of Visitors to pay £200 in 1876 to complete the boundary wall in Walker Street, and in 1878 to thoroughly paint the inside and outside of the Asylum, and to do the papering, graining, and other work necessary, at a cost of £552 13s. 0d., without making a call upon the county rate.

The following table gives the receipts from the county for the undermentioned years, being two-thirds for the first four years, and exclusive of the payments of one-third additional by the borough during that term:—

YEAR.	£	s.	d.	EXTRA WORK DURING THE YEAR.
1871....	751	4	10	Painting, and new joiners' shop.
1872....	708	9	4	Infirmaries established, day-rooms enlarged.
1873....	583	10	10	
1874....	964	14	9	New boiler and fixing.
1875 .....				Dissolution of the Union, no call, £615 4s. 8d. paid out of balance in hand.
The three shares paid henceforth by the county.				
1876....	742	5	9	Wall built enclosing land in Walker Street. £200 paid out of cash from non-contributors.
1877....	639	5	7	
1878....	791	6	0	Additional dead-house for women.
1879....	617	7	8	Painting, papering, £552 13s. 0d. paid out of cash from non-contributors.

It appears desirable to set forth briefly the extent of the buildings to be maintained fit for the occupation of lunatics and of those in charge of them.

The amount of masonry is extensive. There are three blocks accommodating 400 lunatics and the officials having care of them, with chapel, offices, workshops for joiner, tailor, shoemaker, upholsterer, gardener, baker, brewer, engine-house, laundry, lodge, superintendent's residence, airing court walls, and a boundary wall averaging 9 feet high, enclosing  $21\frac{1}{4}$  acres of land.

There are 113 single rooms for the more violent and destructive patients.

The number of windows is 766, partially glass doors 103, ditto shutters 35, fanlights 40, lamps 2, water closets 52, baths 19. There is a service of gas, hot and cold water, and drains to correspond. Fifty sets of keys are in daily use for the locking and unlocking of doors at ingress and egress.

The wear and tear of a building provided for a population selected on account of their dangerous or destructive habits is necessarily great.

In this, as in other Asylums, the Commissioners in Lunacy urge at their visits various alterations and additions from time to time. Unless they are carried out, unfavourable comments are published in the Parliamentary Blue Books.

Upon an examination of the returns from other Asylums it will be found that the Nottinghamshire expenditure will bear favourable comparison on the ground of economy.

With regard to prospective outlay, it may be stated that the present Asylum is sufficiently large to accommodate the lunatic population of the county likely to require care for the next thirty years.

The land is ample for the purpose of employment and exercise, and the substantial boundary wall prevents interruption, and renders escapes difficult. Owing to proximity to the town, no gas works are required, and the advantages of good markets are apparent in the moderate weekly rate charged to the parishes during the whole term that the Asylum has been in operation.



If a portion of the number of beds left empty after the removal of the borough patients could be utilized for out-county lunatics, a considerable reduction in the call upon the county rate might be effected annually.

The balance in hand is at present sufficient to pay the fabric bills in advance, and to meet certain recommendations of the Commissioners in Lunacy.

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*Abstract of the chief items of Expenditure for ordinary repairs, improvements, and liabilities chargeable to the Fabric Account, for the year 1878; to be repaid.*

BRICKLAYER AND BUILDER.

	£	s.	d.
Contract for whitewashing whole of the Asylum and appurtenances, except the chapel, and excluding scraping, stopping, and making good .....	70	0	0
February.—Repairing fireplaces, cementing closets, repairing plaster floors, opening soughs for steam piping and hot water pipes, cleaning out chimney pots and cooking stove in kitchen. Materials: fire lumps for bridges, fire bricks, cement, floor plaster, laths.			
March.—Cleaning out chimney pots, repairing and making good for boilers and rebuilding bridges after sweeps. Materials: fire lumps and bricks.			
April.—Opening flues for sweeps, making good walls for steam pipes, opening and making good soughs, repairing roof of kitchen, cleaning out stove, repairing wall, taking out and resetting fireplaces, taking out and cleaning brewing copper. Materials: mortar, cement, slates, nails, fire bricks, ceiling laths.			
May.—Repairing floors, scraping and preparing for whitewashers, taking out fireplaces, fixing new and putting in ventilators, cleaning out chimney bends, pointing round doors and windows for whitewashers and painters, pointing and stopping fireplaces. Materials: cement, fine plaster, mortar, fire bricks, lime.			
June.—Putting in new door frame, building wall, cleaning spouts and gutters, whitewashing chapel, scaffolding, whitening, putty, stone blue, glue, blue black, soft soap; breaking out and making good gable of kitchen, pointing round doorways out-doors; fixing flag pole for Prince of Wales' visit, making good slating. Materials: bricks, lime, plaster, cement, fine plaster, Portland cement, slates and nails.			
July.—Pointing, stopping, repairing at lodge and back laundry, taking off old chimney heads and replacing with six new patent, cleaning out drain in kitchen. Materials: cement, fine plaster, lime.			



August.—Stripping roof and repairing, taking out and refixing fireplace, patching and repairing, building brick piers to shed. Materials: bricks for shed, lime, sand, slates, cement, fire bricks.

September.—Getting out ground, putting in drain and overflow for soft water cistern, building shed; taking out old fireplace and fixing new one, repairing roof at laundry. Materials: pipes for drains, bend, cement, lime, sand, fire bricks.

October.—Taking up flagging in laundry and making good, pointing scullery floor, taking out and bridging boiler flues; cleaning chimney pots, spouts, and gutter at laundry; assisting joiner with new roof to shed in garden, building gable ends, getting out ground, putting in drains, cutting wall and making good. Materials: fire lumps, fire bricks, cement, common bricks, 4-inch ditto, pipes, bends.

November.—Building panty pit; repairing plaster floor, fireplace, and putting in ventilators; torching and tiling shed. Materials: floor plaster, fine plaster, cement, hair, mortar, fire bricks.

December.—Taking out and resetting gardener's fireplace, whitewashing soiled bedrooms, cleaning out flues in brewhouse, making good floor of engine-house after steam piping. Materials: mortar, cement.—&c.

Dimensions of shed—Length, 79ft. 6in.; width 17ft.; height, 14ft. 6in.

156 13 5

#### IRONFOUNDER AND BLACKSMITH.

India rubber rings and fixing and repairing engine pipe and valve, bottom grate, gun metal ring and nut, plugs, stench trap, wrought iron lid, pump rod, boring, sal ammoniac, smithing, drilling, turning, and fitting to; repairing stove pans, and air pump, and making patterns; repairing cooking pans, office stove, range, fall bar, back leg, lump, catch, screws, fitting three stoves, sliding ventilator, fluted fire bars, pipe coupling, bolts and nuts, gun metal bearings, straps, plates, sockets, nut screws, sliding air brick, wrought plate and smithing, India rubber rings, bolts and nuts; repairing cooking pan and wrench; set screw, register stove, wrought axles, handles, plates, rivets, turning, drilling, sliding ventilator, cellar grates, rivets, wrought pipe, fire rake, &c. ....	21	11	10
Joiner's Wages .....	53	19	0
Gas Tar for Roads .....	4	17	3
Gravel for ditto 45½ Tons, Granite Chips 14 Tons 11 Cwt. ....	8	18	7
Cartage for ditto .....	12	6	8

#### GLAZIER.

Extra repairs in glazing and making good previous to painting inside and out, six new glass globes, roller plate glass in door, fluted glass, roller plate glass for engine-house, cleaning windows of Asylum after whitewashing, lower ventilator, perforated zinc, gas burners, and general repairs during the year .....	24	16	4
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#### PLUMBER.

January.—Unstopping and regulating closets, unstopping bath, new tap to urinal, ditto ditto; repairing pump, urinal, ball

tap ; large main fire cock repaired ; lead pipe and gas fittings to new room.			
February.—Unstopping closets, repairing gas pipes, brass valves, weight and rod, ball tap and ball, iron pipe for hot water, taking down cistern.			
March.—Repairing closets, ball tap, water taps repaired in brew-house, bakehouse, and garden ; sheet lead for engine, assisting engineer.			
April.—Repairing water pipes in laundry, new tap, 1 cwt. spelter.			
May.—New bath taps, gas taps, scullery taps, gas fittings, plumbing, soldering, repairs to roof, iron pipes.			
June.—Repairing bath, new cabinet wash stands and fixing in lavatory, bibcocks, fixing taps to bath.			
July.—Sheet lead for flag pole, repairs to water pipe, tap.			
August.—Repairing zinc gutter, hot water pipes, soldering roof, unstopping sink and urinal, iron piping for chapel ; repairing gutters and closets ; sheet zinc and lead for roof, flashing skylights in laundry.			
September.—New spindle and valve to tap, repairing gutters and cistern on roof, new beer tap.			
October.—Repairing water pipes in brewhouse, repairing steam pipe and valve to engine, repairing cistern on roof.			
November.—Repairing cistern, gas pipes, water closets, sinks, steam piping ; unstopping gas main, unstopping hot water pipe on roof.			
December.—New boiler cock in kitchen, repairing hot water pipes in boiler-house, repairs to gas, and other general repairs during the year.....	88	14	8

## STONE-MASON.

Relaying brewhouse floor, fastening fire guards, stone mantle, Yorkshire steps, working and fixing Yorkshire risers, cleaning down porch of Asylum and stonework of front entrance on Carlton Road, refixing chimney piece, relaying flags, working and rabbeting curb, ditto door steps at kitchen ....	16	2	2
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## IRONMONGER.

Locks, keys, garden seats, tools, screws, nails, &c. ....	28	5	7
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## TIMBER MERCHANT.

Flooring boards to replace plaster floors, roof to shed, sawing and carting, mouldings, flag pole, &c. ....	39	6	7
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## SUNDRIES.

Bell-hanger—Fee for Auditing Accounts .....	4	17	9
Annuitant—Two-thirds of £26 .....	17	6	8
Insurance .....	9	15	2
Rates and Taxes .....	53	19	0

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£617 7 8

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